

SQUASH FALCONER - ADVENTURER & SPEAKER



“ I believe I was born on a lucky and brilliant day because I’m a naturally happy and very positive person, however, on that day I also believe someone said, let’s have a laugh and remove the part of the brain that says, “you mustn’t do that, it’s impossible”

Squash Falconer

Squash Falconer is a mountaineer, paraglider and adventurer who has completed many inspiring journeys and expeditions. Our adventure resume includes summiting Everest and climbing a number of the world’s highest 7 summits (Highest peak on each continent) including Kilimanjaro and Aconcagua in Argentina.

She has also cycled Lands End to John o Groats and also summated Mount Blanc before becoming the First British Women to fly off the top with a paraglider. Her adventures are always with a smile including a 3074 mile journey around Europe by ElliptiGo. Squash has an incredible spirit of adventure and appetite to tackle new challenges and make a difference to others through charities she supports. She has raised over £23,000 for various charities including One Foundation, Plant with Purpose and Coppafeel.

Squash is a great role model and BAMBassador for others wanting to challenge themselves and push boundaries. She shares her stories with others through talks which are truly inspiring.

We interviewed Squash to find out what makes her tick:

Your secret skill or talent?

I can moonwalk!

Do you have a Life motto or mantra that you live by?

“You wont have this moment again.”

What would you have chosen as your dream job?

The one I do!

Who would you like to thank?

The team at BAM for making such lovely clothes for the world to wear.

If you were Prime Minister what things would you change?

School – less homework, more time outside!

[Read more...](#)

Tweets by @squashfalconer

 **Squash Falconer**
@squashfalconer

Out on a recce today with @FREEFLOSKI to find the best places&snow, for the backcountry skills course nxt wk! @SnowAndRock @TignesOfficiel



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